

Dad Vail Regatta Time Trial Rules

1. Time Trials are held over 1900m
2. Top 18 boats progress to the Semifinal.
3. Racing shall be conducted in lanes 4 and 5
4. Spacing will be 20 seconds between boats, 40 seconds in each lane
5. Yielding see below.
6. Bow numbers will be issued for each crew for use in the time trial. If your crew progress to the Semifinal each crew shall use your schools issued bow number, **not** the time trial bow number.
7. Even bow numbers race in lane 4, odd bow numbers race in lane 5.

Yielding- In the event a slower crew is being overtaken during the time trial. The slower crew shall yield to the outside lanes (lane 4 goes to lane 3, Lane 5 goes to lane 6). The slower crew shall yield when the overtaking crew is within 2 lengths or a Referee instructs a crew to yield. **Failure to yield shall result in EXCLUSION.** Once a crew has been overtaken they must return to their assigned lane.

Conduct of the Time Trial

Crews will be marshalled into bow number order above the 2000m start. Crews will be called to the 1900m starting line by the marshals when it is the crew's time to race. Do not go below the 2000m start line until instructed. The stakes boats will be in place at the 2000m start so crews must use care passing through the platforms.

Once through the stake boats, crews will listen for the marshal's instructions. At this point even bow numbers should be in lane 4, odd bow numbers in lane 5. At 60 meters above the 1900m start a marshal will be there instructing crews to begin rowing and building toward full pressure. Spacing between crews shall be 20 seconds between boats, 40 seconds within each lane. If a crew attempts to overtake a crew before the starting line, they may be stopped and made to restart again. Once the marshal instructs a crew to row to the start, they will not stop, the crew is to build to full pressure and continue all the way to the finish line.

As you cross the 1900m start line the starter will tell the crew they are on the course. Time begins when the crews bow ball crosses the starting line. Is the crew's responsibility to be at full racing pressure as they cross the starting line.

It is very important each crew uses its assigned Time Trial Bow Marker. If a crew does not use the issued Time Trial bow marker they may not be identified and therefore not progressed. Upon crossing the finish line pass through the Columbia Avenue bridge, a marshal will be there collecting bow numbers. Please do not leave the finish line area until your bow number has been collected.

TIME TRIALS USE A DIFFERENT TRAFFIC PATTERN THAN SPRINT RACING

Crews row up the Kelly Drive side of the river.

Crews from Boathouse Row, row up the East bank as usual, cross over to Kelly drive side at the Athlete Village, and join in the traffic pattern up river.

Crews launching from the Athlete Village, go straight up river on the Kelly Drive side. There is NO down river warm up available.

Crews launching from ST Joes Boathouse or the City Docks, launch and go up stream in Lanes 0,1. There is NO downriver warm up available.

Crews proceed to the start on the Kelly Drive side of the river (lanes 0 and 1). Crews are to go above the 2000m start line, taking care passing through the stake boat line. Once in the marshaling area maintain a counter clock wise pattern and listen to marshalling instructions.

Approach to the start:

Marshalls above the 2000m start will get crews into bow number order and sort crews into their appropriate lanes. Please listen for instructions.

As racing is to begin marshals will send crews through the 2000m start line towards the 1900m Start line. Take care of the stake boats as you pass through the 2000m start. Do NOT go below the 2000m start until instructed.

Racing: Marshall below the 2000m Start will tell each crew to being rowing, do not start until instructed. Even bow numbers race in lane 4, odd bow numbers race in lane 5. The Start marshal will stagger racing in alternating lanes every 20 seconds. This give 40 seconds in each lane. Each crew will hear the starter announce they are on the course, it is the crew's responsibility to be at full pressure/speed as they cross the starting line. There is no horn at the finish line.

Conclusion of Racing:

Once you have completed your time trial proceed through the Columbia Avenue Bridge, there will marshals there to collect your bow numbers. Do not leave this area until your bow number has been collected.

Return to launching areas:

Returning to boathouse row, stay on the east side until past the Athlete village then cross over to the Kelly Drive side and resume normal traffic pattern.

Returning to the Athlete Village, continue down the east bank and past the athlete village and then cross over to the docks.

Returning to the City Docks or St Joes Boathouse, continue down the east side cross the river at the Athlete Village and return on the Kelly drive side (lanes 0,1)