

Jefferson Dad Vail Regatta

Time Trial Rules

1. Time Trials are held over 1900m
2. Top 18 boats progress to the Semifinal.
3. Racing shall be conducted in lanes 2 and 3.
4. Spacing will be 20 seconds between boats, 40 seconds in each lane
5. Yielding see below.
6. Bow numbers will be issued for each crew for use in the time trial. If your crew progress to the Semifinal each crew shall use your schools issued bow number, **not** the time trial bow number.
7. Even bow numbers race in lane 2, odd bow numbers race in lane 3.

Yielding- In the event a slower crew is being overtaken during the time trial. The slower crew shall yield to the outside lanes (lane 2 goes to lane 1, Lane 3 goes to lane 4). The slower crew shall yield when the overtaking crew is within 2 lengths or a Referee instructs a crew to yield. **Failure to yield shall result in EXCLUSION.** Once a crew has been overtaken they must return to their assigned lane.

Conduct of the Time Trial

Crews will be marshalled into bow number order above the 2000m start. Crews will be called to the 1900m starting line by the marshals when it is the crew's time to race. Do not go below the 2000m start line until instructed. The stakes boats will be in place at the 2000m start so crews must use care passing through the platforms.

Once through the stake boats, crews will listen for the Marshal's instructions. At this point even bow numbers should be in lane 2, odd bow numbers in lane 3. At 60 meters above the 1900m start a Marshal will be there instructing crews to begin rowing and building toward full pressure. Spacing between crews shall be 20 seconds between boats, 40 seconds within each lane. If a crew attempts to overtake a crew before the starting line, they may be stopped and made to restart again. Once the Marshal instructs a crew to row to the start, they will not stop rowing. The crew is to build to full pressure and continue all the way to the finish line.

As your boat crosses the 1900m start line the Starter will tell the crew they are on the course. Time begins when the crews bow ball crosses the starting line. It is the crew's responsibility to be at full racing pressure as their boat crosses the starting line.

It is very important each crew uses its assigned Time Trial Bow Marker. If a crew does not use the issued Time Trial bow marker they may not be identified and therefore may not be properly tracked to progress in the racing schedule. Upon crossing the finish line, the crew must pass through the Columbia Avenue Bridge. A Marshal will be stationed below Columbia Avenue Bridge for the purpose of collecting bow numbers.

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Time Trial Traffic Pattern

TIME TRIALS USE THE SAME TRAFFIC PATTERN AS SPRINT RACING

Crews row up the West Rover Drive side of the river.

Crews from Boathouse Row, row up the East bank as usual.

Crews launching from the Athlete Village, launch down river and cross to the West side and proceed to the start line.

Crews launching from ST Joes Boathouse or the City Docks, launch and go up stream in Lanes 0,. There is NO downriver warm up available during time trials.

Crews proceed to the start on the West side of the river. Crews are to proceed to muster above the 2000m start line. Once in the marshaling area maintain a clock wise pattern and listen for Marshalling instructions.

Approach to the start:

Marshalls above the 2000m start will assemble crews into bow number order and sort crews into their appropriate lanes. Please listen for instructions.

As racing is about to begin, Marshals will send crews across the 2000m Starting line towards the 1900m Start line. Take care not to disturb the stake boats as you pass through the 2000m start. Do NOT go below the 2000m start until instructed.

Racing: The Marshall below the 2000m Start will tell each crew to when to begin rowing. Do not start rowing until instructed. Even bow numbers race in lane 2, odd bow numbers race in lane 3. The Starting Line Marshal will stagger racing in alternating lanes every 20 seconds. This arrangement will provide spacing of 40 seconds in each lane at the start. Each crew will hear the Starter announce they are on the course. It will be the crew's responsibility to be at full pressure/speed as the crew crosses the starting line. There is no horn at the finish line.

Conclusion of Racing:

Once you have completed your time trial proceed through the Columbia Avenue Bridge and return to your launch area.

Return to launching areas:

Returning to Boathouse Row, stay on the East Side of the river.

Returning to the Athlete Village, continue down the East side of the river.

Returning to the City Docks or St Joes Boathouse, Turn and row up the west side of the river. Cross the river just above Peters Island and proceed along the wall back to the docks.