JEFFERSON DAD VAIL REGATTA
Regatta Instruction Bulletin – 2019

GENERAL INFORMATION

Regatta Schedule
FRIDAY, MAY 10: Time trials begin at 7:00 A.M. and run until late morning depending on how many. Heats start after the race course is converted back to lanes and finish at 5:00 P.M.

SATURDAY, MAY 11: Semi-Final Heats begin at 7:00 A.M. and finish late morning. Finals run from 12:00PM to 5:00 P.M.

Please note: These times are approximate and may change. Refer to the schedule posted on the website for event number, event times, number of heats, and number of qualifiers to advance.

For Men’s and Women’s Varsity Heavy Eights and Div II-III Women’s Varsity Heavy Eights there will be first round heats followed by repechage heats (depending on the number of entries), followed by semi-finals and finals.

New for 2019 -

Jefferson Dad Vail Coaches Hospitality Tent!
Join us for complimentary food and drink and live streaming of all the races in Athletes Village on Friday, May 10 and Saturday, May 11 from 7:00 AM to sunset. We know your time is precious during a regatta but we hope you can spend a few minutes relaxing here and

Additional Sculling Events!
Last year we added the 2x and 4x and they are demo events for 2019 again for a $300 entry fee.

Collegiate Level Para-rowing!
Last year we added Para events and they are back again for 2019 as a demo event for a $50 entry fee.

Alumni Racing!
We lowered the fee to $250 for alumni 8’s this year. Please encourage your recent alumni to relive their rowing experience!
Return to America’s Rowing River, the historic, storied Schuylkill and launch from Boathouse Row. See dadvail.org

Doubling up rules are the same for 2019 and stated here for the sake of clarity.

A measured amount of doubling up will be permitted again for 2019 to facilitate full participation by all rowers at our Regatta. Rules preclude crews overdoing this for the sake of crews entering extra races. The goal is to support a situation where a crew is one person short for an event. This exemption will permit more athletes on the team to be in the Regatta as opposed to sitting out. An athlete (cox or rower) can participate in 2 events maximum. If both crews advance and there is a conflict with timing of progression competition, it will be incumbent on the coach to scratch one of the entries. Substituting will not be permitted as a remedy for a time conflict originating from an athlete entering more than one event. The rule that limits substituting originates from the policy of a maximum of 50% of athletes that can be doubled up in any one boat. For example, the stern pair from one boat cannot be entered in the pairs event since that pair would be comprised of 100% doubled up athletes.

The only races that allow more than a single entry per team are the single, 3V8, F/N8, and the JV4. Schools must enter a V4 or V8 to enter a JV4. Schools must enter a V8 and JV8 to enter a 3V8. In order to enter a JV8 you must enter a V8. A lightweight entry does not count towards being able to enter a JV event. A lower level crew is permitted to race if a schools varsity is racing elsewhere. Written proof is required by way of submitting the lineups of both crews to John Leonard at scullerjohn@aol.com.

Men’s events may only have male rowers and women’s events may only have female rowers. Coxswains may be of either sex.

Website
Additional information can be found on the official Dad Vail Regatta website: dadvail.org

Team Responsibilities
1. Coaches are expected to:
   • Send all entries and payments through Regatta Central.
• Remember that The Dad Vail name and logo are the property of the DVROC and may not be used on any commercial or promotional material without the expressed written permission of the DVROC. (This includes T-shirts or other souvenirs for sale).
• Email Katie Holzem your name email address and cell number along with the names and email addresses and cell numbers of the two student volunteers from your school to Katie Holzem, Director of Volunteers at: kathleenholzem@gmail.com

2. Volunteers- The Jefferson Dad Vail Regatta asks each team to provide the names of 2 volunteers to help with Stake Boats and other Regatta positions – this is a four hour commitment during the Regatta, and a commitment which enables the Dad Vail to continue operate as a premier Regatta. Please email the students' names, cell phone numbers and email addresses to Katie Holzem kathleenholzem@gmail.com.

3. Shirts or Singlets must be uniform in each boat.

Traffic Information
• Thursday, Kelly Drive will be open for morning traffic until the closure at 10 AM.
• Trailer or shell access to the Rovers Village Launch Site will begin at 12 Noon on Thursday. There will be absolutely no access by land or water to this area, including the Docks, prior to that time.
• Martin Luther King Drive, while open on Friday, is closed to thru traffic on Saturday.
• All vehicles entering the Regatta site must enter from the North under the Strawberry Mansion Bridge. Only authorized vehicles with an appropriate permit will be allowed past Police barricades.
• During the Regatta all traffic will be diverted at Strawberry Mansion Bridge and Grant’s Statue. Again, only vehicles with an appropriate permit will be permitted past Strawberry Mansion Bridge traffic barriers.
• All traffic will be prohibited on Kelly Drive between bridges.
• There will be no parking or launching of boats at the Canoe Club.
• There will be signs on Kelly Drive directing you to the Launch Site past the Finish Line and the Columbia Avenue Bridge.
• All traffic to the Launch Site must enter from the North. No left turn will be permitted to enter the Launch Site from the South (Boat House Row). Please see posted Traffic Bulletin.

Publicity
If you wish, pre-regatta publicity releases accompanied by professional grade photographs should be forwarded to: Fran Connors. Email Fran at dadvailgm@comcast.net

REGISTRATION & FEES
Please note that the registration process changed last year.
• Each team will need a representative to report to the registration tent. The team representative will receive wrist bands which must be worn by all Athletes. They will also pick up the bow markers for the team. Finally, the team representative must confirm the names for the 2 volunteers that each team will provide to Katie Holzem, Director of Volunteers.
• Lightweight rowers and coxswains must weigh in but other rowers do not need to go through the registration process. Standby for additional information to be posted on our website.

Regatta Central serves as the Internet Agent for the Jefferson Dad Vail Regatta registration and all entries. Teams must register at Regatta Central and remit all payments to them. All athletes must complete US Rowing waivers on Regatta Central by May 4th.

Entry Fees – Affiliates/non-Affiliates
Affiliate Schools must have paid a $1625 fee. The Affiliate fee covers up to the first 5 boat entry fees. Entry fees for Affiliate Schools are $325 per boat for boats #5 or more.
• Deadline for entries, and all fees is WEDNESDAY, May 1st, 2019.
• Non-Affiliate Entry Fees are $450 per boat.
• Singles Entry Fees are $200. The double and quad fee is $300 for Affiliates and non-Affiliates.
• Schools not entering on time or not having their fees in on time will only be accepted on a space available basis. For this year's Regatta:
  1. Affiliate Schools have been guaranteed ONE ENTRY in EACH EVENT with proper registration.
  2. Non Affiliate Entries will be accepted on a SPACE AVAILABLE basis in each event and on a first come basis.

Scratches

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The Regatta Committee will accept scratches up to May 4, 2019 without penalty. Note Well: FEES ARE NOT REFUNDABLE! The Committee may penalize (with fines) scratches not submitted by the above date. Fine will be equal to entry fee.

Event Cancellation
Events canceled due to weather are not eligible for a refund.

LIGHTWEIGHT RACES & WEIGH-IN FOR ALL LIGHTWEIGHTS & ALL COXSWAINS

LIGHTWEIGHT ROWERS AND COXSWAINS WILL ONLY HAVE TO WEIGH IN ONCE ON THURSDAY AFTERNOON, MAY 9, from 2:00 TO 7:00 PM

• Limited weigh-ins will be conducted on Friday morning from 6AM to 10AM for those arriving too late on Thursday, to meet the weigh in deadline.
• Lightweight entries need not have a Varsity Heavyweight Eight entered to compete in the Lightweight race.
• The posted Entry Form specifies the weight requirements for entrants in the event.
  o Men’s events coxswains – 120 lb. minimum.
  o Men’s Lightweight – 160 lb. maximum. NO AVERAGE.
  o Women’s events coxswains – 110 lb. minimum.
  o Women’s Lightweight – 130 lb. maximum.

FORCING LIQUIDS TO RAISE COX’S WEIGHT IS FORBIDDEN.

EQUIPMENT

• Each crew is expected to bring its own shell, oars and boat slings. Races will not be delayed for equipment sharing.
• All shells must have protective balls affixed to their bow points.
• All bow markers will be provided by DVROC.
• Crews will not be permitted to race without bow markers. Races will not be delayed because a crew does not have a bow marker, or if a crew states, "their marker fell off". Coaches Please Note: Bow Marker Rule is strictly enforced by the Dad Vail Regatta Organizing Committee.

ELIGIBILITY

ARTICLE V - ELIGIBILITY (All crews must ensure that the Athletic Director and/or Director of Club Sports reads these requirements) Eligibility of rowers to participate in the Jefferson Dad Vail Regatta shall be dependent upon the Dad Vail rules and NCAA rules as they pertain to the participating schools. Participants from foreign schools shall adhere to Jefferson Dad Vail Regatta rules and to NCAA Division I rules.

A. All participants in the Jefferson Dad Vail Regatta must be full time undergraduate students at the institution they represent. To be considered full time undergraduate students, they must currently be taking courses totaling at least 12 credit hours, and must be making normal progress toward their first degree. A student-athlete may compete while enrolled in less than minimum full-time (12 hours) program of studies, provided the student is enrolled in the final semester or quarter of the program. The institution must certify that the student is carrying (for credit) the courses necessary to complete degree requirements. Also a student-athlete who has received a Baccalaureate or equivalent degree and who is enrolled in the graduate or professional school of the institution attended as an undergraduate, or who is enrolled and seeking a second Baccalaureate or equivalent degree at the same institution, may participate in intercollegiate athletics provided the student-athlete has athletics eligibility remaining and such participation occurs within the period set forth in Bylaw 2, Article B below.

B. A Dad Vail competitor shall not engage in more than four (4) years of intercollegiate competition. Competing for a college in any one event within the academic year is enough to constitute one year of eligibility.

(1) Division I Schools - The student-athlete shall complete his or her seasons of participation within five calendar years from the beginning of the semester or quarter in which the student-athlete first registered for a minimum full-time program of studies in a collegiate institution. A student-athlete initially registers, for the purpose of starting the count of time, in a regular term of an academic year for a minimum full-time program of studies and attends the student's first day of classes for that term.

(2) Division II and III Schools - The student-athlete shall complete his or her seasons of participation during the first ten (10) Semesters or fifteen (15) quarters in which the student is enrolled in a collegiate institution in at least a minimum full-time program of studies, as determined by the regulations of that institution, and attends the first day of classes for that term.

A race designated for a specific division can only be entered by NCAA teams in that respective division. Programs that do not meet this requirement may only row in the open race for the same category.
C. Freshman/Novice Event
   1. To row as a freshman, a competitor must be in his or her first year of attendance at the collegiate level and be considered an academic freshman by his or her institution.
   2. To row as a novice, a competitor must not have participated in the sport of rowing prior to the present academic year. A student/athlete may compete as a novice for only one year. If the student/athlete competes after the novice year, it must be in a non-novice event. A novice need not be a freshman.

D. A transfer student who has participated in a collegiate rowing program in the academic year current to or preceding his or her attendance at the new institution may not row in a Varsity Eight event (Heavy-Light-Women) in his or her first year at the new institution unless a waiver is granted as follows:
   1. If the student transfers to the certifying institution from another four-year collegiate institution and the following conditions are met:
      (a) The student has not transferred previously from a four-year college.
      (b) The student is in good academic standing and meets the satisfactory progress requirements.
      (c) The student's previous institution certifies in writing it has no objection to the student being granted an exception to the transfer residence requirement.
   2. If the student transfers to the certifying institution from a Division III member institution and meets the above condition, he or she may be eligible to compete but shall not receive athletically related financial aid during the first academic year in residence at the certifying institution.
   3. Eligibility for transfers from Junior Colleges is covered under NCAA Rules.

E. As mentioned earlier, a rower may enter more than one event, but not more than two. No specific limitations pertain to freshman. A coach will be responsible for determining the viability of being able to arrive at the starting line in time for each event based on the schedule. The race schedule is subject to change at the last minute for any number of reasons.

F. Appeals for exceptions to these rules must be submitted in writing with the Jefferson Dad Vail Regatta Eligibility Committee at any time prior to the deadline for entries. Appeals must contain all validating evidence that might be helpful in arriving at a fair decision.

G. Violations of regulations may be cause for crew and/or team-wide disqualifications. Unusually serious violations may be considered grounds for more severe sanctions.

ARTICLE VI - PARTICIPATION
   1. No crew may enter a Junior Varsity event unless entered and participating in a Varsity event.
   2. Substitutes may be listed on the Entry Form, but once the crew participates, it must row intact unless the Regatta Committee is petitioned for a change in the boating.
   3. Canadian crews desiring to participate in the Jefferson Dad Vail Regatta shall require written authorization from the Canadian Amateur Rowing Association. No carded athletes may participate. Although Canadian school years are different from U.S. undergraduate years, all must comply with U.S. standards.
   4. Any school which has competed in the EARC in the previous two years will not be eligible to compete in the Jefferson Dad Vail Regatta, except that the Regatta Committee can examine the individual situation in accepting other entries at variance with this rule. (EARC Sprint Rule: 1973).
   5. If a coach enters one or more events and then at the last minute, after seedings have been completed, cancels any of these events to enter and compete in another regatta, the penalty will be a one-year suspension from the Jefferson Dad Vail Regatta for that college or university.

PROTEST PROCEDURE See instructions on dadvail.org

TIME TRIALS Refer to separate posted document on the rules for time trials for this year’s Regatta.

SHELL STORAGE AND PARKING
   • No shells are to be stored or launched from Boat House Row unless your school has permission to do so from a particular Boat Club.
   • All shells are to be stored at the LAUNCH SITE ON KELLY DRIVE BETWEEN THE FINISH LINE BRIDGE AND THE GIRARD AVENUE BRIDGE on the East Bank of the River.
• All vehicles must follow directions of Jefferson Dad Vail officials at the parking area who will direct all off-site parking of cars, buses, trucks and vans.
• After a trailer has been parked, the tow vehicle will be permitted to return to the launch site only once when it is time to hook up for departure. See the posted Traffic Bulletin.

AWARDS

Medals
Medals will be awarded to the first 3 places. **IF FOUR BOATS OR LESS** enter an event, medals and points will be awarded as follows:

- 4 Boat Race - Gold, Silver and Bronze Medals & points 4, 3, 2, 1
- 3 Boat Race - Gold & Silver Medals & points 3, 2, 1
- 2 Boat Race - Gold Medal & points 2, 1
- 1 Boat Race - NO RACE

The above pertains to a final event only and the medals and points will be awarded to the number of boats racing, not number of boats entered.

Trophies
Trophies will be awarded on the Awards Float at the Judges’ Stand immediately after each final on Saturday. Medals will be awarded subject to the number of entries in an event. If you have a Trophy from the previous year’s Regatta, please return it in its case, properly cleaned, to the registration tent at the Launch Area.

Point Trophies
The points system for the trophy will be published in the Regatta Program. It is as follows:

<table>
<thead>
<tr>
<th>Varsity Eights</th>
<th>1st</th>
<th>2nd</th>
<th>3rd</th>
<th>4th</th>
<th>5th</th>
<th>6th</th>
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</thead>
<tbody>
<tr>
<td>JV Eights</td>
<td>10</td>
<td>8</td>
<td>7</td>
<td>6</td>
<td>5</td>
<td>4</td>
</tr>
<tr>
<td>Frosh/Novice Eights</td>
<td>8</td>
<td>7</td>
<td>6</td>
<td>5</td>
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<tr>
<td>3V Eights</td>
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<tr>
<td>Varsity Four’s</td>
<td>5</td>
<td>4</td>
<td>3</td>
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<tr>
<td>JV Four’s</td>
<td>4</td>
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<tr>
<td>Varsity Pair’s</td>
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<tr>
<td>Varsity Single’s</td>
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Points are not awarded for exhibition/demo events which are recently added, developing events and include, at present, doubles, quads, and para-rowing events.

SEEDING & LANE ASSIGNMENTS

Certain races are seeded, which will be established this year by again polling the coaches.

Lanes
Lanes assignments for Semi-Finals and Finals will be printed in the Heat Sheets. Winners will be assigned Lanes 3 and 4, then Lanes 2, 5, 1 and 6 in that order. If conditions change it is possible for the favored lanes to be changed by special committee on site during the Regatta.

Respectfully,

John F. Leonard, Regatta Secretary DVROC
scullerjohn@aol.com

Dad Vail Regatta Organizing Committee
PO Box 1241
Havertown, PA 19083